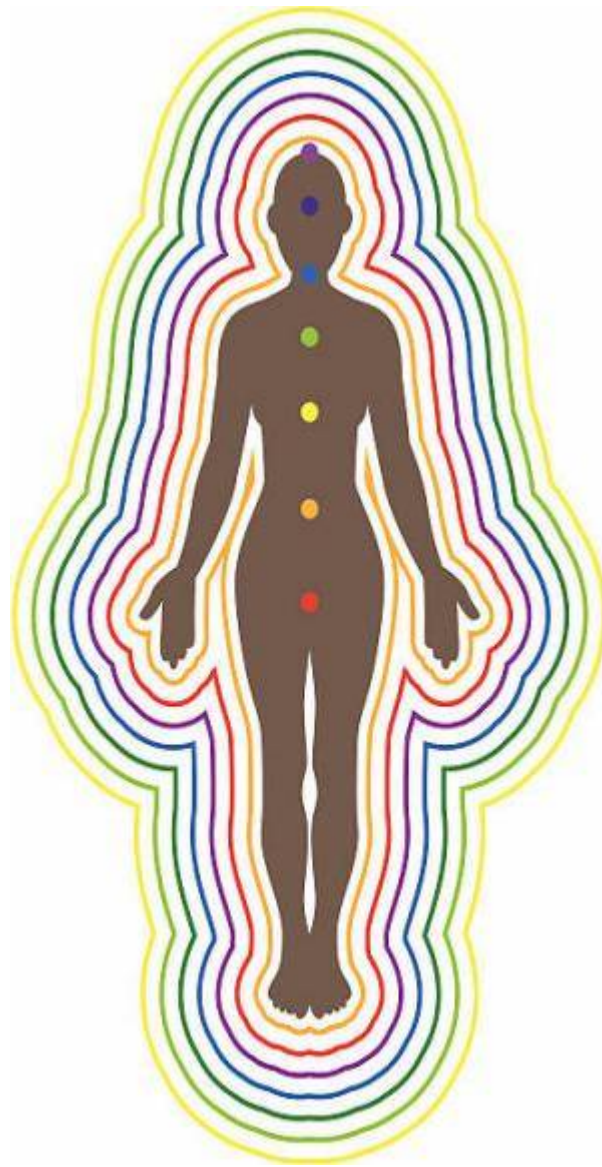




THE AURA

WHAT DOES IT TELL US

Author
Clive Siegner

MY BOOKS AND SHORT STORIES

Here is a list of what I have written to the date of this Publication.

1. Whose Program Are You Running – 2017
2. Recording Conversations with Spirits – 2019
3. Recording Conversations with Oclamenta
(The Extraterrestrial) – 2020
4. Further Recordings with Sleeping People – 2021
5. People who knew Jesus before and after his
Crucifixion - 2022
6. A First Love Story (short story) – 2023
7. The Aura (What Does It Tell Us) - 2024

All books are in PDF format and are freely available, together with their Audio Supplements, to read download or print from my Website “**cawsiegner.com**”. There are also a number of Videos on the Site demonstrating how ITC works.

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1. FOREWORD

OUR AURA IS ACTUALLY A PICTURE OF THE ENERGY PORTION OF OUR TOTAL SPIRIT THAT IS WITHIN THE HUMAN BODY

Our Total Spirit includes that Portion of the Human Spirit which may or may not be currently be in the Human Body. The decision to incorporate a part of itself into the Human Body is made by the Total Spirit during human pregnancy. When a Human dies, the portion of our Human Spirit reunites with our Total Spirit.

The Total Spirit has complete access to all the information about it's previous lives. Additional information about previous lives is added to the total and is used to access the need for further Human Incarnation.

The Human Aura is basically the energy from our Human Spirit as we perform our daily tasks. Many humans have always been able to observe it and over time assess the emotional and physical state of the person involved. Jesus (Yeshua) and Mary Magdalene are good examples of this.

Over the past 100 years Scientists have discovered a way to actually photograph the energy emitted by the Aura called (Kirlian Photography). This procedure has been improved to include the colours of the Aura in Photographs and Videos. With a little training almost everyone can see the Aura (I know I did).

This means that we are all Spirits having a Human experience. Other Spirits are still alive but their Human Bodies have died. Some Spirits

never had a Human Body while others may have had many Human Body Reincarnations.

If we can understand that we are all immortal Spirits with time-limited Human bodies, then learning more about the Spiritual Realm can be a very exciting experience since this adventure awaits us all.

What are Aura Energy Fields

The human aura energy fields originate and radiate outward from the central core of our body. They closely follow the shape of the physical body. However as they move further from the body they become less defined but can currently be photographed up to six feet from the body.

Spirits with or without Human Bodies can see, feel and sense our human Aura Energy whether we are in Human form or not. Since each Aura (like our finger prints) is different this is how we can identify each other when in Spirit for example.

“YOU HAVE A BEAUTIFUL AURA” I heard someone say to me as I stood in line waiting to pay my Hotel Bill. I turned around and saw a lady who was seated at a table close to mine during last night’s closing Afterlife Awareness Conference Presentation.

I said to her “you can see my Aura” and she answered “yes”. I told her “You have a wonderful Gift. Use it to help people”

2. THE ABILITY TO SEE THE AURA

The concept of the Aura actually goes back many Centuries. Pictures from early Egypt, India, Greece and Rome show holy figures in a luminous surround long before artists in the Christian Era began to paint Saints with Halos.

My own ITC recordings with Jesus indicate that many people who were associated with him could definitely see his Aura, and in particular, when he was in the process of healing others.

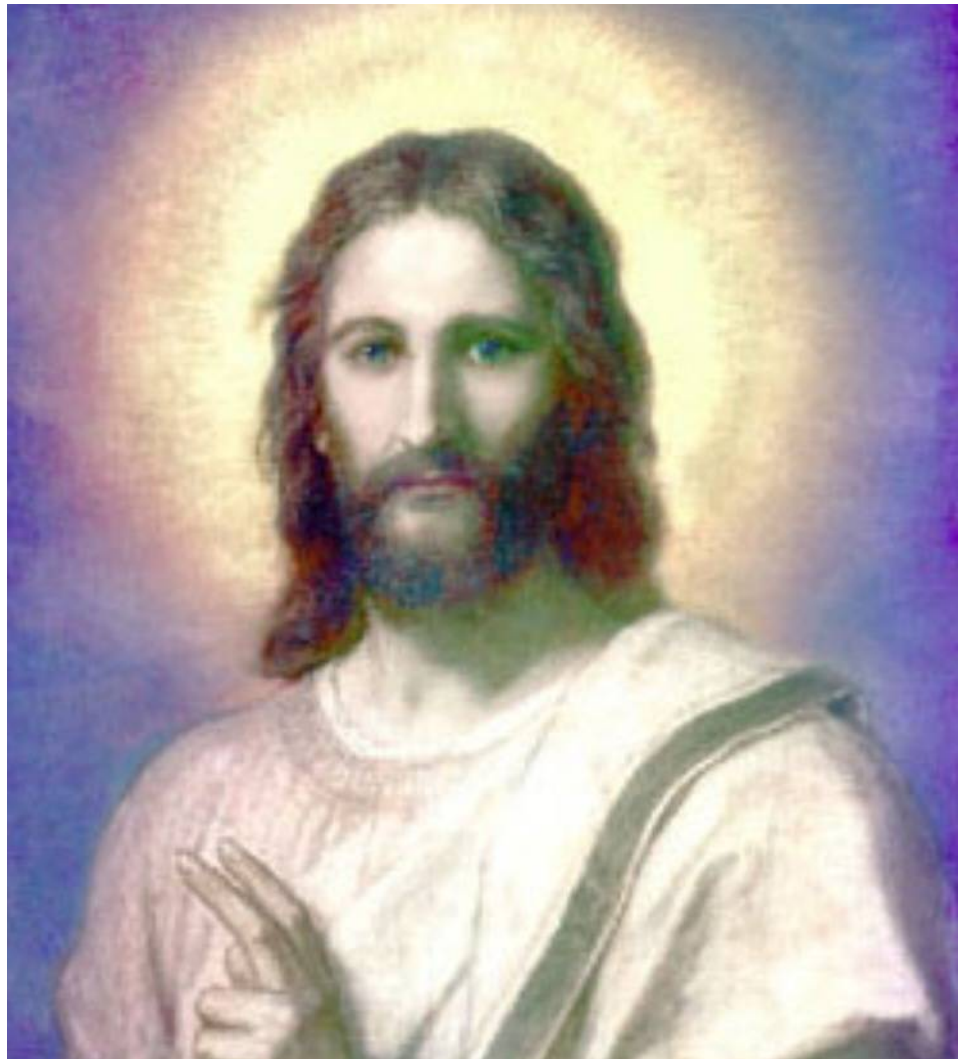
In the early 1900's Dr. Walter Kilner discovered that by looking through glass screens stained with dicyanin dye, he could see the Aura as a cloud of radiation extending 6-8 inches from the body and showing distinct colour. Fatigue, disease or mood could alter the size and colour.

In 1939 a Russian scientist named Semyon Kirlian developed a method of actually photographing the Aura. His early photographs were black and white. However as time has passed it is now possible for even amateur photographers to get clear pictures in colour.

3. JESUS AND OTHERS COULD SEE THE AURA

In my previous book “PEOPLE WHO KNEW JESUS BEFORE AND AFTER HIS CRUCIFIXION”, I talked about their various relationships with him. Today, many of the artists who try to illustrate what he looked like, showing a light extending from his hands and his head when he was doing his healing

Here is a picture of Jesus where the artist shows the AURA extending from his head.



JESUS COULD SEE OUR AURA

When I asked Jesus “can you see a person’s Aura” he answered “OF COURSE I CAN”.

A number of people who have witnessed your healing say they have seen a light (white or colour) extending from your hands and head. I ask him “were these people actually seeing your Aura” and he answered “I THINK SO”.

I then asked him “did this ability assist you in determining if this person was suitable to be your disciple” and he answered “I THINK IT DID”.

JESUS MOTHER MARY COULD SEE THE AURA

I ask his Mother Mary “do you have the ability to see the Aura of others” she answers “COURSE I DID”.

When I ask her “if she could observe the colour of the Aura’s she could see” she answers NOT WELL.

I then ask “could you see the Aura light around Jesus’s head and hands when he was healing others” she replied “LOVELY SIGNAL HE DID”.

And finally I ask her “were you able to tell the Spiritual Development of people by observing this light”, she replies “WHEN IT WAS NECESSARY I COULD”.

MARY MAGDELENE COULD SEE THE AURA

When I asked Mary Magdelene “did you have the ability to see the Aura of others” she answered “YES I COULD – DEFINITELY”.

I then ask her “could you see the Aura around the head and hands of Jesus when he was healing people” and she says “CLEAR”

I ask her “could you see the colours in the Aura of Jesus while he was healing others” and she responds “OF COURSE”.

I then ask her “were you able to tell the Spiritual Development of a person by observing their Aura” and she answers “OF COURSE – YES I COULD”.

NAOMI, NIECE OF JESUS COULD SEE THE AURA

When I ask Naomi “could you see the Aura light around his head and hands when Jesus was healing people”, she answered “YES SIR”.

I then ask her “could you observe the colour of the Aura emanating from Jesus”, and she answers “SOMETIMES”.

SUDDI – THE EARLY TEACHER OF JESUS SEES THE AURA

I ask Suddi the Essene teacher of Jesus “did you have the ability to see the Aura of people, and he answers “YES”.

I ask him “if he could see the Aura when he was a Teacher, and he answers “I DID”.

I next ask him “did this ability help him to determine their possible Spiritual Development Ability” and he says “I THINK YES”

JOSEPH THE UNCLE OF JESUS COULD NOT

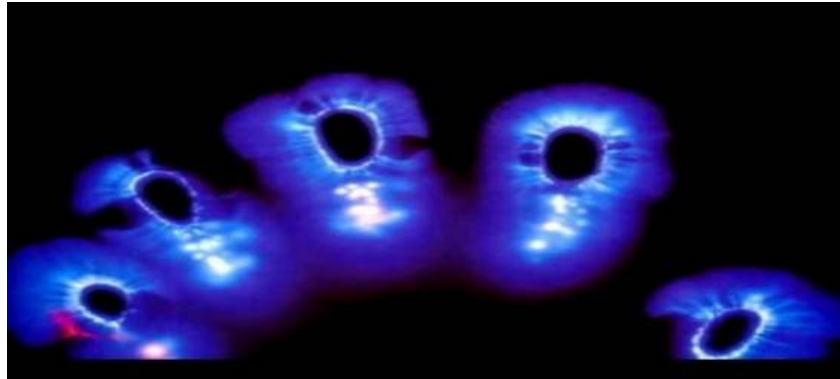
When I ask Joseph “could you see the Aura Light around his Head and Hands when Jesus was healing People”, he replies I COULDN’T”.

The ability to see the colours of the Aura over and extended period of time and to understand what the colours meant as to the emotional and physical condition of the person being observed, was a great help in determining if the person could be an Apostle for Yeshua (Jesus)

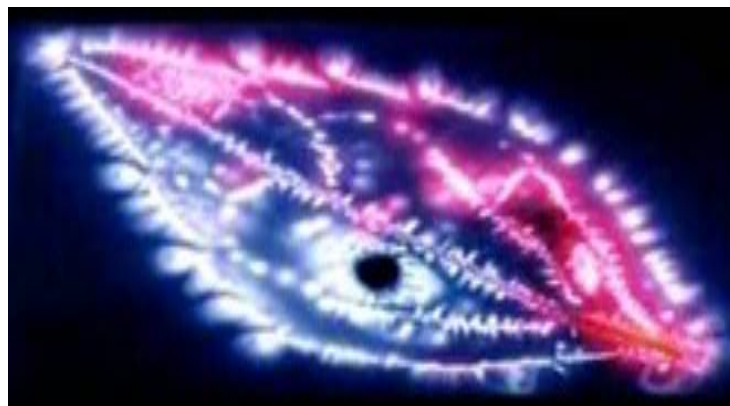
If you do not have the ability to see the Aura light don’t worry about it. I normally cannot see it myself. However there are ways you can improve your ability to do this. This will be discussed in another Chapter.

4. SOME ACTUAL AURA PHOTOS

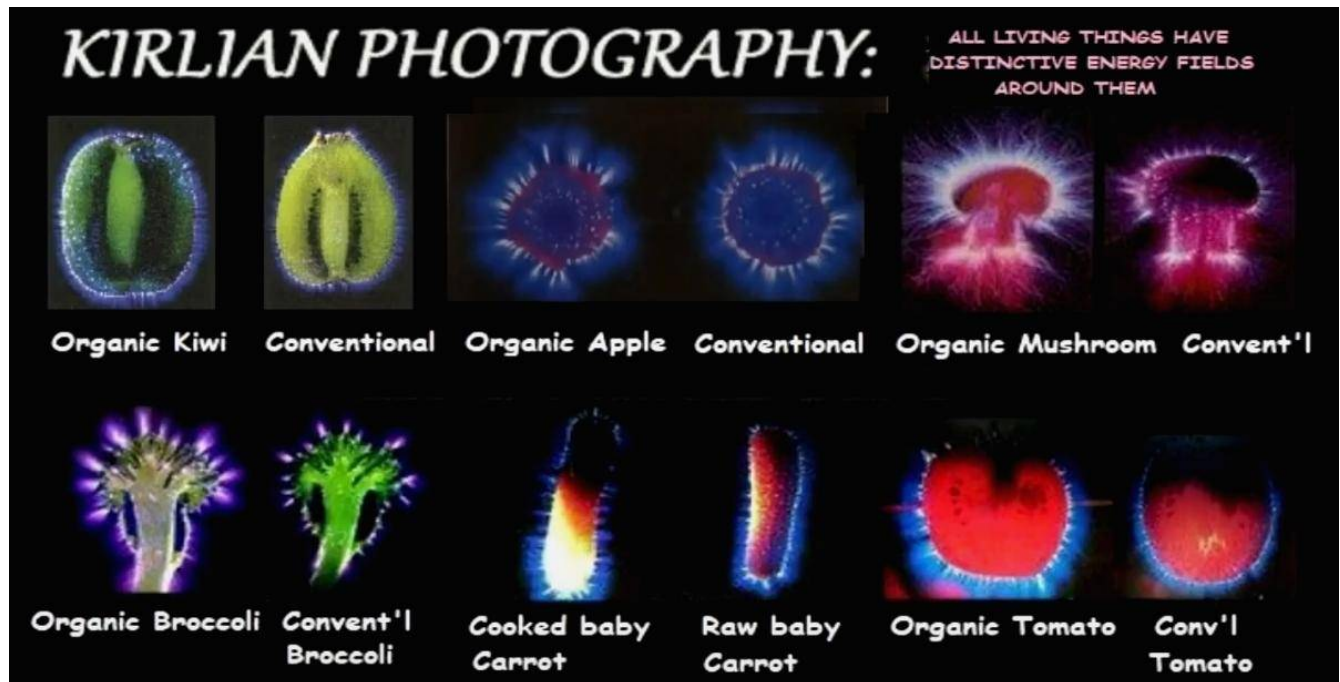
This is a an aura photo of the fingertips of a right handed person.



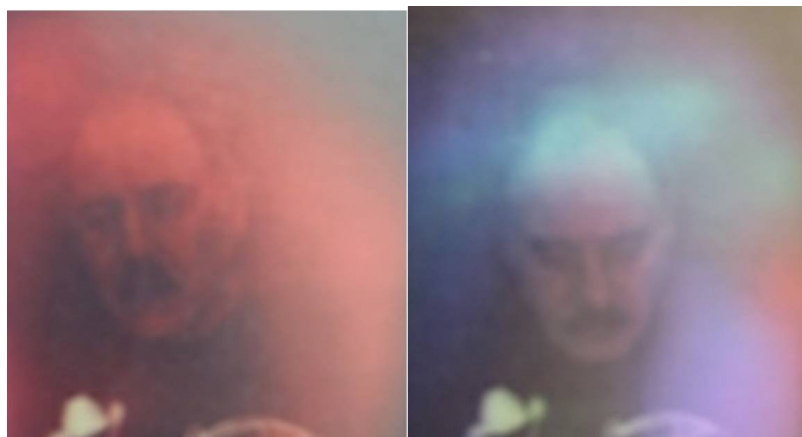
One very interesting thing about the Aura is when part of the original item being photographed is removed, the aura of the removed portion of the original also shows up in the picture. For example, the following aura photograph of a leaf whose bottom half was removed shows both the part remaining and the part that was removed.



The following photograph demonstrates that all living things have distinctive energy fields surrounding them



The following Kirlian photographs are of the same person. The picture on the left was taken when he was Tired and in Stress. The picture on the right shows him in a Relaxed state.

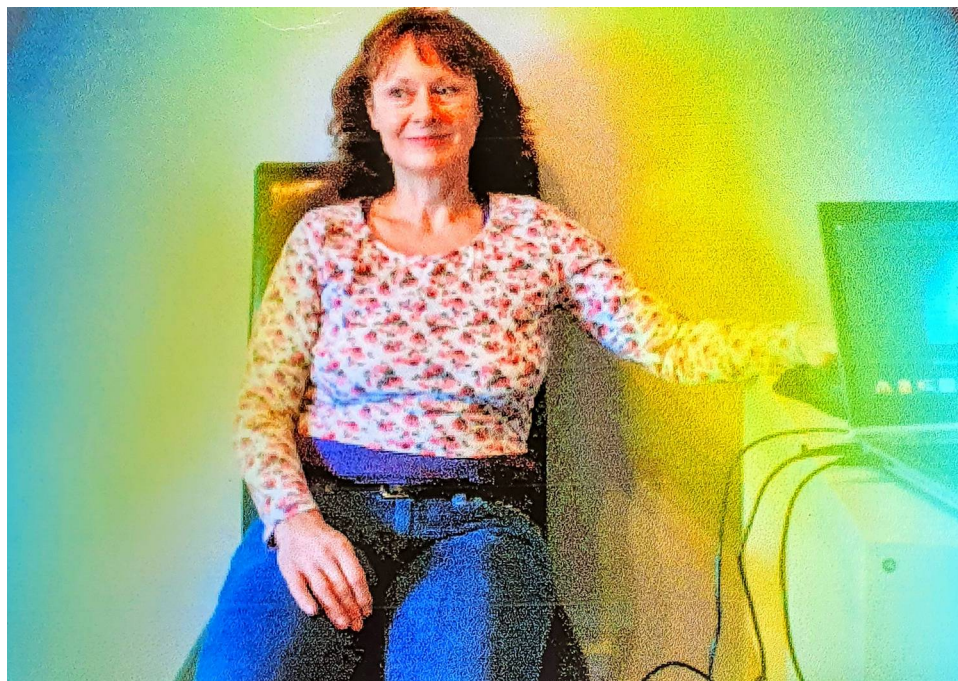


STRESSED RELAXED

This man is one of the old Spirits who is a Healer and Teacher in the Spiritual Field. His picture shows a wide and well Balanced Aura.



This is an Aura picture of my friend Jackie. Note the change in colour of her left arm holding the laptop. She was told it signals that she is a Vegetarian, which is the truth.



This is an Aura picture of Jackie's Dog Lizzie. She was told Lizzie is a healer. Note the change in colour at the point where the wires are connected to the wall outlet.



BIO-WELL ENERGY MEASUREMENT AND ANALYSIS

This is a Bio-Well picture taken of my energy field early in September 2024. This method was developed by the team of Dr. Konstantin Korotkov and brings technology known as Electro Photonic imaging (EPI) in a more accessible way.

The system is based upon the concept of Acupuncture Points in your fingers.

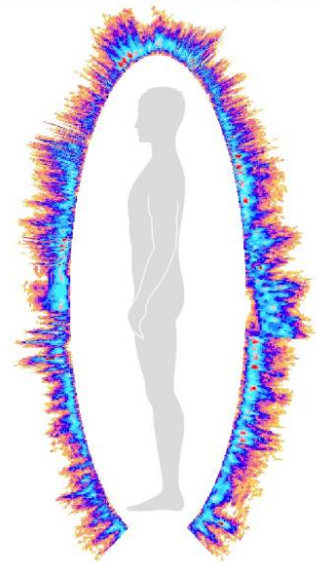
By measuring and analysing the energy emanating from my fingertips, here are the following outcomes:

- * The system will define organs and systems in the body which need attention.
- * It will make an assessment to the follow up response of the body to different treatments, emotions etc.
- * It will provide information on psycho-emotional state and level of stress (anxiety).
- * It allows measurable response of the body to different medications, supplements and food.

The colours in my picture correctly show a change in the energy level at the hip area. This is because at the moment this scan was taken I was having Sciatic Nerve Pain in that area. I actually have had this problem for the previous two months.

NOTE – The colours of this system of energy emission, do not coincide with the energy that emanate from the Chakra's. They are Artificially created by the program.

If you would like more information on the Bio-well process, go to “www-bio-well.”

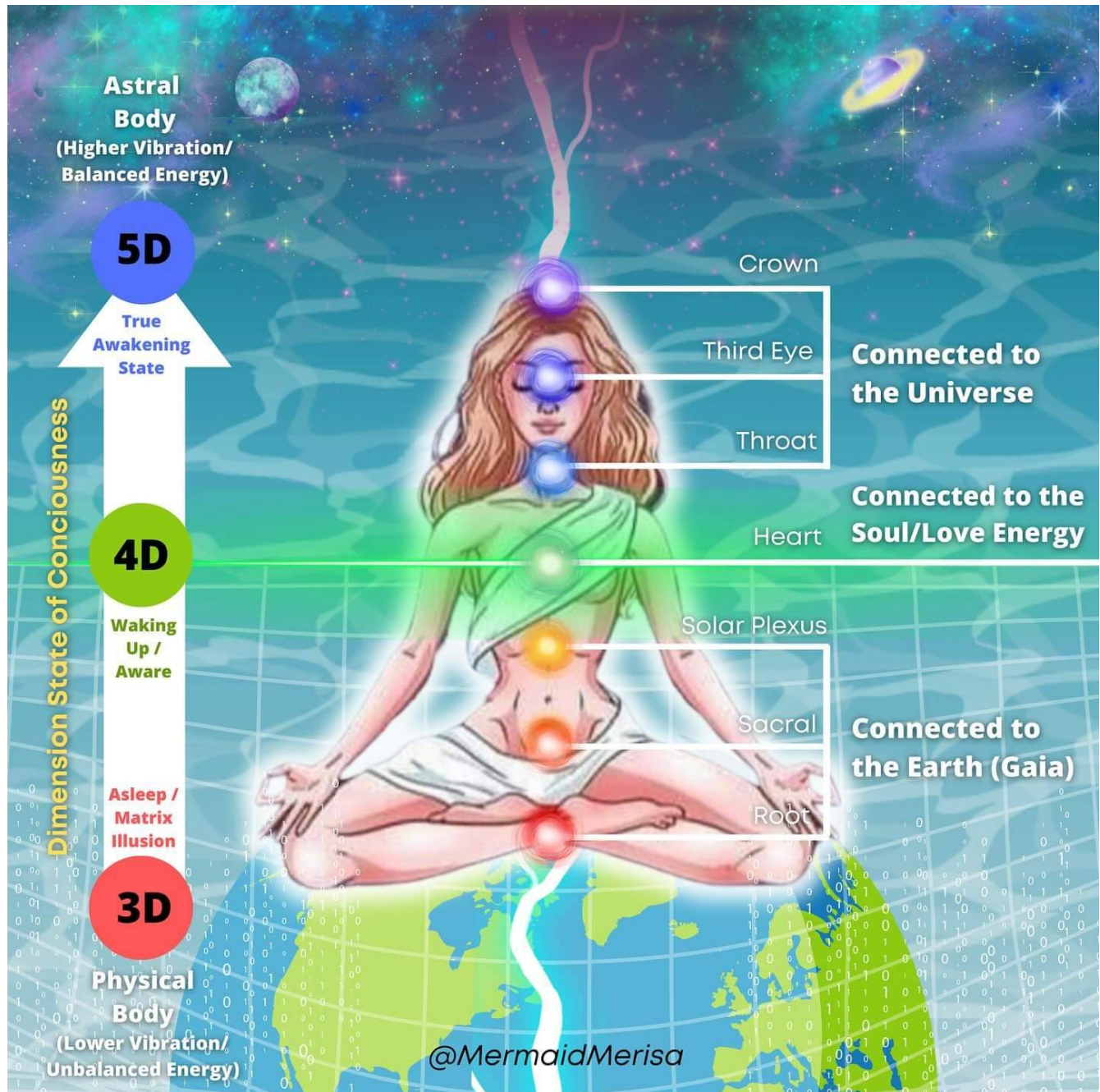


This photo is actually a single frame of a Video of the Auric Field of a Mother and her Child produced by Dr. Valerie Hunt of the Bio Energy Foundation.



5. WHAT ARE THE CHAKRAS

According to the Dictionary “Chakras are any of several points of Physical or Spiritual energy according to Yoga Philosophy”.



Some people are not only able to clearly see the Chakra energy, but can also see the various colours that comprise the Chakra. By relating the colour to the known physical and/or mental state of the person being observed, they could tell both the physical and/or mental state of a person without even personally knowing them.

The following chart describes how the various known physical and/or mental state of a person being observed can be determined by observing the actual colours of the Aura.

Chakra	Root	Sacral	Solar Plexus	Heart	Throat	Third Eye	Crown
Color	Red	Orange	Yellow	Green	Blue	Indigo	Violet / white
Gland	Adrenals	Ovaries	Pancreas	Thymus	Thyroid	Pituitary	Pineal
Organ or Body Part	Kidneys Bladder Lower Limbs	Sexual organs Colon	Liver, Gallbladder, Spleen	Heart & Arms	Para-thyroid Throat Ears	Eyes Nose Lower Brain	Upper Brain Head
Body System	Muscles Blood Heart	Digestion Lymphatic System	Autonomic Nervous System	Circulation, Para-Sympathetic Nervous System	Respiration Venous Blood	Skeleton Bones	Central Nervous System & Spine Psyche
Emotion	Survival Vital Energy	Sexuality Emotions	Power Ego Personality	Love Harmony	Expression Truth	Intuition	Higher Power
Musical Note	C	D	E	F	G	A	B
Essential Oil	Myrrh, Jasmine, Cedarwood, Patchouli	Cedarwood, Marjoram, Neroli, Ylang Ylang	Cedar wood, Bergamont, Citronella, TeaTree Lime, Neroli, Sandalwood	Bergamont, Geranium, Peppermint, Rose, Eucalyptus	Chamomile Juniper Pine Sage	Clove Tea Tree Rosemary	Frankincense Peppermint Sage, Lavender, Sandal-wood, Ylang Ylang
Life Quality	Awareness	Respect	Worth	Love	Expression	Responsibility	Knowledge
Lesson or Challenge	Walk with determination on your path	Enjoy creative expression & body connection	Find your personal power and inner radiance	Trust in the abundance of nature & let love flow	Express inner thoughts and feelings	Heighten awareness & sensitivity to beauty & love	Open yourself to spirituality & unite with the Universe

These pictures are some examples of what the various colours of the Aura can tell us about the emotional and physical condition of the people involved.

What Do Your COLORS Tell?



Creative, Active



Happy, Outgoing



Peaceful, Intuitive



Magical, Mystical



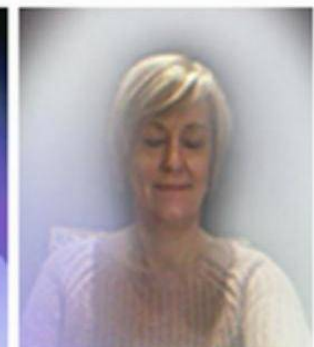
Positive, Nurturing



Transformation, Healing



Tranquility, Healer



Spiritual Healing Energy

One of the teachings of Kathryn and Brian Lovelady is “that the chakras are seats of emotional consciousness primarily and can impact certain organs, endocrine and exocrine glands, meaning that illness can evolve from chakras that are chronically not working correctly”.

6. EXERCISES TO DEVELOP SEEING THE AURA

1. Method taught by Kathryn and Brian Lovelady

My friends Kathryn and Brian Lovelady are very much involved in teaching others how to view the Aura. Some people like Kathryn have been able to view the Aura at a very young age. Kathryn can also see colours in the Aura. This gave these people the ability to determine both the physical and emotional condition of others at that moment in time.

In my case I was unable to see the Aura after I tried the following exercises sent to me by Kathryn and Brian and used by them to teach their Students.

Here are the Exercises

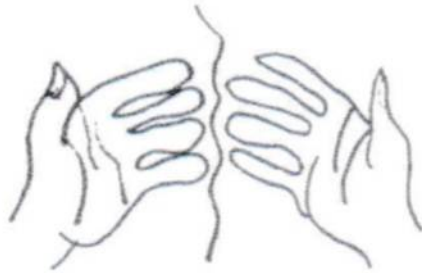
For both of the following exercises, the same environmental conditions should prevail.

1. Darken the room down to minimal light. Use a candle or a shaded bulb. Draw any curtains or blinds.

2. Find a plain, lightly painted wall. The screen on a TV set will do. If you haven't got a flat surface that is light or white coloured. Absolutely avoid anything with a pattern on it.

Technique 1

Turn your back to the light source, so that you are facing your own shadow. Hold your hands in front of you, palms up as indicated:



Your hands should be about belt-height. Place the fingertips of one hand close to the fingertips of the other. Keep the fingers spread apart, with a slight space between them, as shown. See the wavy line running between the fingers? Stare at that line, especially where the fingers are touching one another. Now slowly, SLOWLY, move your hands apart in a horizontal fashion. As you do this, stare at the place where the wavy line is.

In time you should begin to see white lines of energy that seem to stretch as you pull your fingers apart. Also you will begin to see masses of energy between your fingers. You will also begin to note a pattern of energy above your thumbs.

Technique 2

Sit comfortably in front of a mirror and set a timer for 5 minutes. The timer on the stove will do in a pinch. Look at your

reflection comfortably, don't stare, until the timer rings. Immediately look about 6 inches above your head and to the left.

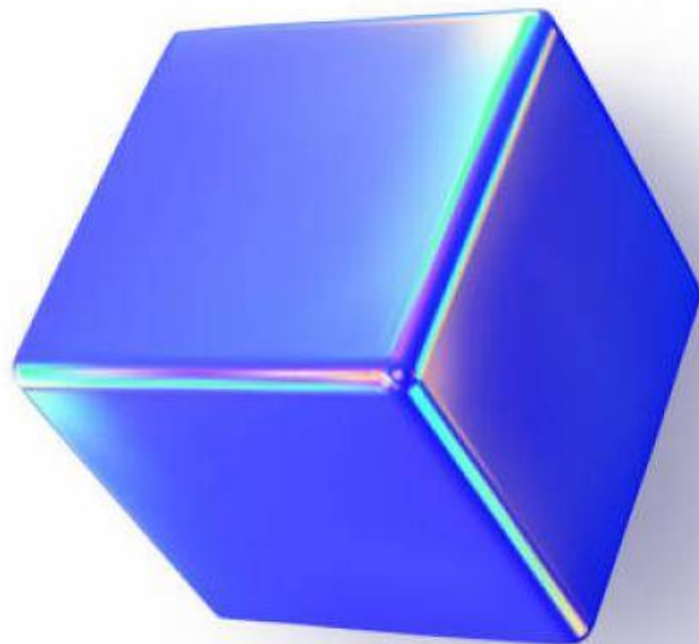
Do this exercise twice a day until you begin to notice auric patterns above your head. A variation of this technique involves the use of a partner. Sit comfortably about 4 feet from someone, who is facing you. Again, set the timer for 5 minutes, and as soon as it rings, look up and to the left.

Don't be concerned if you aren't "seeing" for a few tries – some people take weeks to learn. Practice makes perfect, but do not do the exercises more than twice a day (you may experience headaches if you overdo it).

NOTES:

1. After trying Technique 1 four times, I was able to see my own Aura from my finger tips.
2. Kathryn and Brian can be reached at "moonstarlodge.com".

7. USING 3D PICTURES TO SEE THE AURA



3D GEOMETRIC
VECTOR ELEMENT

There are other methods used for training, but the recent method of seeing the Aura is the use of 3D pictures. This is a 3d picture.

This method is currently being used to be able to train yourself to see the Aura. If you stare at this picture for up to 15 minutes you should

be able to see it in 3D. It works for me which I understand is normal for most people.

Although I did not try this myself, I understand that if you continue to use this method you should eventually be able to see the colours of the Aura in people.

8. CLOSING COMMENTS

Without the help of my ITC Research time this book would not be possible. Again much thanks to Kathryn and Brian Lovelady who have contributed much to understanding the emotional and physical situation of the people involved by observing the Aura and its colours.

I also realize that some of the misunderstandings of the purpose of the life of Yeshua (Jesus) may be troublesome to some people because it may differ from what they have been taught. However I strongly believe that what is told to us from the Spirit side is the truth and must be told. Whether you believe it or not is a matter of your own free choice.

We are all born with the free choice of our beliefs. However Programmed Subconscious Beliefs can cloud the issue.

I suggests we all should
ASSUME NOTHING IS TRUTH and
QUESTION EVERYTHING
including me

11. SOME BOOKS YOU MIGHT BE INTERESTED IN

- * A lawyer presents the Evidence for the Afterlife – written by Victor & Wendy Zammit.
- * Your Eternal Self – Written by Craig Hogan.
- * Demystifying the Out of Body Experience – written by Luis Minero.
- * Higher Self Now, The Secret of the Soul, Adventures in the Afterlife, all written by William Buhlman.
- * Consciousness Beyond the Body – by Alexander Defoe.
- * Light from Silver Birch, Guidance from Silver Birch, Silver Birch Questions and Answers – some of the many terrific books downloaded directly by the Spirit Silver Birch.
- * Vistas of Infinity – written by Jurgen Ziewe.
- * Why Science is Wrong about almost everything – written by Alex Tsakiris.
- * Proof of Heaven, The Map of Heaven – both written by Eben Alexander.
- * Answers About the Afterlife – by Bob Olson.
- * Your Soul's Gift – by Robert Schwartz.
- * Beyond Religion – written by the Dalai Lama.
- * How to Regress Yourself to your Past Lives – by George Schwimmer.

- * The Evolvment of the Soul, plus many others – By James McQuitty.
- * The Field – Lynne McTaggart.
- * The Biology of Belief - by Bruce Lipton.
- * Witnessing the impossible – by Robin P Foy.
- * Awaken from Death – by Emanuel Swedenborg
- * Find and Talk with Spirits using a Pendulum
- Dr. Bob DeGroot
- * Auras – How to See Feel and Know the Aura
- Embrosewyn Tazkuval
- * Hands of light – Barbara Ann Brennan
- * The Works of – Joshua David Stone