



# **FURTHER RECORDINGS WITH SLEEPING PEOPLE**

**CLIVE SIEGNER**

## **1. FOREWORD**

In my previous book RECORDING CONVERSATIONS WITH SPIRITS, I included a number of conversations I have had with sleeping people. Many people have heard about Instrumental Trans Communication (ITC), but relatively few know that people who have died or are sleeping can actually communicate with other humans who are awake.

While we are sleeping our Spirit can actually leave the body and visit other humans, and other Spiritual Dimensions. This has been attested to by notable Out of Body explorer's William Buhlman, Luis Minero and Jurgen Ziewe.

The purpose of this book are threefold:

First, to give the reader a better idea of what a sleeping person is experiencing while they are sleeping and talking to a Human.

Secondly to provide some degree of proof that the person I am talking to is actually the person who they say they are.

Thirdly to provide further evidence that sleeping people do not feel their Human Body pain.



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## **2. WHAT IS INSTRUMENTAL TRANS COMMUNICATION?**

Instrumental Trans Communication (ITC) is an Electronic Voice Phenomena (EVP) method of contacting and communicating with those who have passed.

Once people discovered they could record sound waves, EVP was born. People found out that if the radio was tuned to the static between stations then on occasion voices could be heard within the static. Later on they used a tone generator instead of the static and started to produce more consistent results. When these conversations were able to be recorded more people could listen to these recordings. This provided another step in proving that life existed beyond the physical.

One of the problems with the earlier methods is that the words sounded very mechanical (certainly not like a Human voice). ITC solves that problem since it uses human voices as the background for the recording.

Initially I used the gibberish provided by Craig Hogan's Website. I later found out how to create my own gibberish.

### 3. SLEEPING PEOPLE VERIFY INFORMATION TOLD TO ME

#### JAMES MCQUITTY

One of my first attempts to verify the accuracy of information given to me while a Human is sleeping is with James. He lives in England while I live in Canada.

I was able to contact him while he was sleeping and asked him if he would tell me the name of his Mother. Late in 2017 he responded and told me that her name was BETTY.

At that time I asked him if he could confirm if this answer was correct. He did answer that it was but unfortunately I lost that file. I recently wrote him again and he does confirm the answer was correct. He responded and said

“I remember and do confirm it was the correct answer. So yes confirmed 100% my sleeping self gave the correct answer”

#### SHERRILL CALDER

On April 20, 2021 at approximately 2:00 AM, I asked a sleeping Sherrill if she could tell me the colour of her very first automobile. She responded with the word “YELLOW”. I did not know what the answer was at that time.

Next I sent the recording to her and asked if she would confirm if the answer is correct. She replied and said

“Yes it was Yellow. A really sporty 1973 Firebird Trans Am in a beautiful shade of Buttercup Yellow”.

## PAUL STOICHEVSKY

On Monday July 5<sup>th</sup> at approximately 2:00 AM I asked Paul two questions that he knew I did not know the answers to. They were:

1. Can you tell me the name of your Meditation Group Leader? He answers "IT WAS STEPHANIE THAT MATTERS"
2. Paul, what kind of project are you working on just now as you wait for the border restrictions to open up? He answers "A BOOK".

I next ask him if he can confirm the answers are correct, he answers

"Yes they are correct. Thanks for another fascinating EVP experiment Clive. That was awesome."

## RON MCDERMOTT

On June 25 at approximately 2:00 AM I contacted a sleeping Ron and asked him a few questions he previously gave to me that I did not know the answer to at the time of the recording. They were:

1. I asked him what street he lived on as a teenager. He answered "HOPE"
2. I asked him what school grade he failed and he answered "ELEVEN".

When I asked him if he could confirm the answers I got he answered:

"HOPE came across well. The last one was very good ELEVEN".

## JARED MATTHIES

My stepson Jared is in the Canadian Navy and lives in Nova Scotia Canada. I have previously recorded conversations with him while he was sleeping on a ship at sea.

I asked him if he would like to participate in an experiment with me and he agreed. I asked him to send me some questions that he knew I did not know the answers to and he agreed. Two of the questions he wanted me to ask were:

1. What sport did I recently start practicing?
2. What is my new job.

On approximately 2:00 AM on May 28, 2021 I asked him these questions while he was sleeping and he responded as follows:

1. He replied "FLATBOARD"
2. He replied "FAST KEEP THE WEAPONS"

I then asked him to tell me the answers he thought he would have told me. He responded late in the day on May 28<sup>th</sup> with the following:

1. "The sport is SKATEBOARDING".
2. "My new job is an AMMUNITIONS INSPECTOR".

Now I realize the answers do not exactly match his description of the answer I thought he would give. However I do believe they do match up with the questions I asked.

## MARTY MULLEN

Marty is a professional Web designer who helped me to design my own Web page **cawsiegner.com**.

During our work together in the design of the web page, Marty became very interested in the work I am doing with ITC. As a result he agreed to allow me to contact him while sleeping. He also gave me a number of questions to ask him while he was sleeping, but not the answers.

On September 11<sup>th</sup> at approximately 2:00 AM I contacted him while he was sleeping and asked him the questions he suggested. I informed Marty that the recordings were done and on September 12<sup>th</sup> he responded with the answers to the questions he wanted me to ask.

1. When I ask him “what type of music do you prefer” he correctly answers “BLUES”.
2. When I ask him “what part of your body do you have problems keeping under control”, he correctly answers “THE FEET”.
3. When I ask him “what kind of a nickname do your close friends still call you”, he correctly answered “I HEARD MUGGS”.



#### **4. WHY DO SLEEPING PEOPLE HAVE A PROBLEM IDENTIFYING PEOPLE & ACTIVITIES**

To be honest with you I have found that sleeping people can have a problem remembering current people or activities.

For example if I ask them to name a parent they often give me the name of a relative, but not the name I have asked for. If I ask them the name of a school they attended, they often give me a different name. Now the name they do give is of a current school, but not the one they actually attended.

If you examine the examples given in this chapter, on average sleeping people would correctly answer approximately 50% of the questions asked. The rest of the answers were related to the questions asked, but were not correct.

This question has puzzled me for some time so I asked two highly talented Psychics (Kathryn and Brian Lovelady) if they would ask Spirits on the other side if they could explain the reason for this. Surprisingly Jesus came through to us and, through Kathryn, he explained it as follows:

“The reason for this is because the Spirit of a sleeping person has the choice of visiting any level he/she was previously able to visit before becoming Human. This would include both the higher and lower Spiritual levels. The higher the Spiritual level we go to in our sleep, the less we can easily recall of our current human situation while sleeping”.

In my following chapter sleeping People talk about what they experience while talking to me in their sleep. You will note that some sleeping people have stated that they do visit other Dimensions.

This is the best way that I know of to prove I am talking to the person who is talking to me. However, to be valid to our Scientific Community, these experiments should be performed by that Community, which would include double and even triple blind testing

## **5.WHAT SLEEPING PEOPLE EXPERIENCE** **WHEN TALKING TO ME**

In the spring and summer of 2021 I decided to talk to a number of sleeping people to see if I could find out what they are experiencing while they are sleeping.

I talked to 15 people who were sleeping and asked them all the same questions. The questions were:

- 1. Can you tell me what you are experiencing right now?**
- 2. Are you aware that your human body is sleeping?**
- 3. Do you talk to other people while you are sleeping?**
- 4. Can you tell me what your environment looks like?**
- 5. Do you see things like Trees, Rivers, Forests, Mountains, Animals and Birds?**
- 6. Do you have Sunlight where you are?**
- 7. Do you know what Spiritual Dimension you are in right now?**
- 8. Have you ever visited another Spiritual Dimension?**
- 9. Have you met your main Spirit Guide?**

The names of the people included in this experiment are:

**BETTY ANNE MILLAR**  
**SHERRILL CALDER**  
**KARYN JARVIE**  
**JACKIE JONES HUNT**  
**BRIAN LOVELADY**  
**KATHRYN LOVELADY**  
**JARED MATTHIES**  
**RON MCDERMOTT**  
**JAMES MCQUITTY**  
**ROXANNA MUELLER**  
**MARTY MULLEN**  
**SONIA RINALDI**  
**DOLORES (LOLIS) ROBLES**  
**PAUL STOICHEVSKI**  
**DIAN (my Soul Mate)**

For the sake of their privacy, with the exception of my Soul Mate Dian, I will not link any of the answers shown directly to the individual who answered the question. The results of these discussions with sleeping people follow:

Note – each answer will be identified by Quotation Marks (“”).

### **QUESTION #1 – Can you tell me what you are experiencing right now?**

Here are the answers I received. Note – they are not in the same order as the names listed above:

“EXPERIENCE LIBERTY”

“I DON’T KNOW”

“MAKING DECISIONS”

“ITS AWFUL” I believe this means full of awe.

“I DON’T KNOW”

“NOT NOW”

“LOOK AT THE FLOWER”

“I DON’T KNOW”

“BIRDS IN WATER”

“NOT HERE, FRIEND IN KITCHENER”

“TO DO IT”

“IT’S AWESOME HERE”

“I’VE GOT ONE BETTER”

“THIS MUST BE A MIRACLE”

“WITH THE BABY SIT” Dian

With one exception, all of the people who answered this question are people I have talked to previously while sleeping. Some of them on 3 or 4 different occasions.

Three people were not able to express their feelings. Some talk about seeing Birds and flowers. Some are in awe of the situation.

## **QUESTION #2 – Are you aware that your Human Body is sleeping?**

These are the answers I received:

“YES”  
“SURE WAS”  
“YES”  
“SLEEPING”  
“SURE – IN SPIRIT IT’S POSSIBLE”  
“YES”  
“AWESOME -WE’RE IN SPIRIT”  
“COULD BE”  
“I KNOW”  
“YES IT IS”  
“COPY THAT”  
“BETTER”  
“IT WAS”  
“YES” Dian

This shows that all but one person was aware that they were actually sleeping when they were talking to me.

## **QUESTION #3 – Do you talk to other people while you are sleeping?**

Here are the answers I received:

“I WAS NOT ABLE”  
“I WAS NOT ABLE”  
“VISIT DAD”  
“YOUR THE ONE” I have had a number of previous conversation with  
this sleeping person.  
“YES SIR”  
“NO”  
“GOVERNER’S HOUSE HERE” No idea what this means.  
“YES ME BROTHER”

“OTHER PEOPLE – TIRED”  
“UNDER JESHUA” The name for Jesus.  
“DEFINITELY EMMA” The Daughter’s name.  
“DON’T KNOW”  
“WHAT IS THAT”  
“COULDN’T FIND”  
“I MAY – HOW ABOUT THIS?” Dian

#### **QUESTION #4 – Can you tell me what your environment looks like?**

Here are the answers:

“LOOKING BEAUTIFUL”  
“IT WAS CLEAR”  
“PRETTY”  
“NOT CLEAR”  
“FOR SURE – FANCY FANCY FOR THEM”  
“VERY VERY BEAUTIFUL”  
“YOUR APPROPRIATE PLACE IS NOT GOOD AT ALL”\*  
“LOOKING BEAUTIFUL – SOME GEESE”  
“SLEEP OVER” \*  
“I NEED ASYLUM”  
“NICE AND PEACEFUL”  
“FATHER ETERNAL”  
“UP HERE IS BUSH”  
“BROWN FIELDS FOR SURE”  
“INTERESTING” Dian

For those responses marked with an \*, I do not know what they mean as they do not relate to the environment at all.

**QUESTION #5 – Do you see things like trees, rivers, forests, mountains, animals or birds?**

Here are the answers:

“WE GOT PINE”

“LOTS, OF COURSE FOR SURE – THERE IS BIRDS”

“SEE ANIMAL”

“BIRDS”

“FOR SURE – MORE SO”

“SEE BIRDS”

“THERE IS BIRDS”

“I SEE BIRD”

“BIRDS”

“AWESOME – YOU EVEN HEAR IT”

“BIRDS”

“MY VIRGIL – BIRDS” Not sure what or who Virgil is.

“MIGRATING BIRDS”

“PEOPLE – THE BIRDIE”

“FOR SURE” Dian

It is interesting to note that the majority of people refer to seeing Birds. Could that be because the word Birds is the last one mentioned in the question I asked them?

**QUESTION #6 – Do you have sunlight where you are?**

Here are the answers:

“SURELY”

“SURE IS”

“YES”

“IT’S WARM IN HERE”

“SURE THERE IS”

“SURELY”

“NOT A LOT”  
“SO BE IT”  
“HAS TO BE – THERE IS”  
“THERE’S SOME NOW”  
“NOT A LOT”  
“NOT BLACK”  
“LOTS, AND THAT WAS FINE”  
“THERE’S A BIT OF THAT”  
“THERE’S SOME – HARD TO BELIEVE” Dian

Interesting to note that all 15 indicate there is light of some sort.

**QUESTION #7 – Do you know what Spiritual Dimension you are in right now?**

Here are the answers I received:

“I’M NOT SURE”  
“DON’T KNOW”  
“AWESOME”  
“NO”  
“SURE – THEIR WAY AHEAD OF US”  
“DON’T KNOW SURE”  
“DO NOT KNOW”  
“DON’T KNOW – THEIR WAY AHEAD”  
“I DON’T KNOW”  
“NOBODY”  
“NO”  
“NO”  
“I’M GLAD” This person may not have understood the question.  
“SURE ENOUGH – I’M NOT APPROVED”  
“ALMOST – LOOKING TO SEE” Dian

It is interesting that nobody knew exactly what Spiritual Dimension they are currently in.

## **QUESTION #8 Have you ever visited another Spiritual Dimension?**

Here are the answers I received:

“IN PERSON – LOOKING FOR PEOPLE”

“I TRIED MISSION OLIVER”

“I’M NOT APPROVED – NO”

“SURE ENOUGH”

“OFTEN”

“FOR SURE”

“CERTAIN – WITH PARTNERS”

“NOT SURE”

“NOT SURE”

“PROBABLY, BUT NOT SURE”

“I HOPE ITS EVIDENT – CLIVE – WE’RE GOING THERE”

This last message is from Dian.

**SUMMARY:** These results show that 7 out of 15 participants confirm that they do visit other Dimensions. One person answered “probably – but not sure”, One person said “I am not approved – no”. Three people were “not sure”. Three people did not answer.

To me these answers are a validation of what I had been previously told by Kathryn and Brian Lovelady. During their readings I was told by highly evolved Spirits that we are free to explore other Spiritual Dimensions, while we are sleeping



## **QUESTION #9 Have you met your Main Spiritual Guide?**

Here are the answers:

“HARD SAYING – I HOPE ITS ED”

“SPIRIT HAS BEEN HERE”

“AUDIE – PERFECTLY FAIR”

“HELP FROM JENNIFER”

“NO”

“MUST HAVE”

“CAN NOT”

“I GET A BRUSHNET”

“NOT SURE”

“SURE I THER” Dian

SUMMARY – Five people gave a specific name. Three people indicate it is possible. Two people say no. Five people did not answer.

**What can we learn from this Study?** There seems to be consensus that the other side has light and is very beautiful, which is in agreement with what other Psychics have been telling us. When we get into those questions about Dimensions and other Spirits, there is quite a difference in the answers. What do you think this means?

## **6. CONVERSATIONS WITH both SLEEPING AND DECEASED PEOPLE**

### **HAROLD SLEEPING**

In my earlier book Recording Conversations with Spirits, I talked about recording conversations with my best friend Dennis while he was sleeping and then again after he had passed on.

I met Harold while visiting my Son and we became good friends. Harold's children also lived in the same area, and since Harold and I did not live that far apart, we often shared the 5 hour drive up north to visit our families.

Harold had an unusual hobby. He liked to collect Canadian Pennies. Many years ago a Penny could buy you something. These days the Government does not even make them. The penny by itself therefore has very little value and most people are glad to get rid of excess pennies. Harold had no problem collecting the pennies from his friends and acquaintances. He would offer to pay for them but most people were happy just to get rid of them.

Harold would roll the Pennies up in 25 or 50 cent paper rolls and save them up. At the end of each year he would donate the money to various Charities (usually Hospitals).

In mid April 2020 Harold became quite ill and had to be taken to the Hospital. It looked like he was not going to make it so I decided to contact him while he was sleeping. I was successful and the results follow:

When I ask him if he can identify what I was holding in my hand, he correctly says "THAT'S A CANDLE"

When I ask him what his hobby has been for the past number of years, he correctly says "SAVING PENNIES"

A short time before Harold became ill, my Friend Bob and I drove up to his town to join Harold for breakfast. When I asked Harold what did we do when Bob and I drove to his town, he correctly answered “BREAKFAST”.

### HAROLD DECEASED

Harold eventually recovered from his hospital stay and went to live with his Son and Daughter in-law. Bob and I went to visit him at their place and it looked like he may eventually fully recover. Unfortunately after a few months with them he passed.

I decided to contact him again in early October 2020 and the results follow:

When I ask him if he is happy now, he answers “QUITE TRUE”

When I ask him if he would like to say something to his Daughter Suzanne and her husband Glen, he answers “I’M WITH THEE”.

On the date of this recording Glen was very sick and not expected to recover. I asked Harold if he would be meeting Glen when it came time for him to pass, and he answers “OF COURSE”.

When I ask him if he would like to say something to his Son Mark and his wife Jackie, he answers “YES YES – LOVE THEM”.

## **7. SLEEPING PEOPLE DO NOT FEEL HUMAN PAIN**

In my earlier book Recording Conversations with Spirits I talk about my best friend Dennis. Early in 2019 he became very sick. The medical people decided he was not going to survive so he was sent to a Hospice so he could receive the special care required to assist a dying person.

I knew his time as a Human was short so I decided to contact him while sleeping. One of the questions I asked him was “are you in pain”. He answered “I MIGHT BE”. This is a clear indication that he was not aware of his human body while talking to me in his sleep.

### **My friend Carl**

In late December 2019 I was talking to my good friend Carl who I knew had Cancer. I asked him if he was in pain and he answered constantly. I then asked him if he would agree to talking to me in his sleep and he said it would be OK. At about 2:00 AM the following morning I asked him the following questions:

1. To my question “what am I holding in my right hand” he correctly answers “CANDLE”.
2. When I ask him “are you in pain right now” he answers “NO”. To me this confirms that people do not feel Human pain while they are sleeping.
3. When I ask him “can you look back and see your body sleeping” he answers “YES”.
4. When I ask him “would you like to say something to your family” he answers “LOVE THEM”.

## **My Friend Harold**

I talk about Harold in my earlier chapter about having conversations with both sleeping and deceased people.

One of the questions I asked him while he was sleeping was “are you in pain at the moment” to which he answers a definite “NO”.

The Out of Body explorer and writer William Buhlman also states that during the period he was suffering with Cancer, he often voluntarily went out of body to get relief from the pain he was suffering.

## 8. CLOSING COMMENTS

I very deeply appreciate the cooperation I received from those 15 people who agreed to tell me what they were experiencing while they were sleeping. I believe all of us can learn something from this experience both from a personal and general understanding of what to expect when we also leave our Human Form.

I also wish to thank those 6 individuals who agreed to give me questions to ask them while sleeping, questions I did not know the answer to. As far as I am concerned this is a way to prove I was actually talking to the person involved.

However, as mentioned earlier, this type of experiment should be done under a strict scientifically controlled environment, to eliminate any possibility of fraud. Hopefully some day this will happen.

I also want to thank my dear friend Betty Anne Millar for all the help she has willingly given me and for proofreading this book.

In closing I will mention once again that to insure you do not become close minded about anything, I suggest you “ASSUME NOTHING & QUESTION EVERYTHING”, including what I have written.

**NOTES #1 I would recommend that you listen to the AUDIO SUPPLEMENT included with this book. Here you can actually listen to some of the answers I have received from the sleeping people. I have interviewed.**

**#2 You can read, listen to the audio, or download any of my books directly from my website “cawsiegner.com”.**

## **9. SOME BOOKS YOU MIGHT BE INTERESTED IN**

- \*A lawyer presents the Evidence for the Afterlife – written by Victor & Wendy Zammit.
- \* Your Eternal Self – Written by Craig Hogan.
- \* Demystifying the Out of Body Experience – written by Luis Minero.
- \* Higher Self Now, The Secret of the Soul, Adventures in the Afterlife, all written by William Buhlman.
- \* Consciousness Beyond the Body – by Alexander Defoe.
- \* Light from Silver Birch, Guidance from Silver Birch, Silver Birch Questions and Answers – some of the many terrific books downloaded directly by the Spirit Silver Birch.
- \* Vistas of Infinity – written by Jurgen Ziewe.
- \* Why Science is Wrong about almost everything – written by Alex Tsakiris.
- \* Proof of Heaven, The Map of Heaven – both written by Eben Alexander.
- \* Answers About the Afterlife – by Bob Olson.
- \* Your Soul’s Gift – by Robert Schwartz.
- \* Beyond Religion – written by the Dalai Lama.
- \* How to Regress Yourself to your Past Lives – by George Schwimmer.
- \* The Evolvment of the Soul, plus many others – By James McQuitty.
- \* The Field – Lynne McTaggart.
- \* The Biology of Belief - by Bruce Lipton.
- \* Witnessing the impossible – by Robin P Foy.
- \* Awaken from Death – by Emanuel Swedenborg